

The Kings Arms

Menu



See the chalkboard for daily specials

We accept most major credit and debit cards as well as American Express

Starters

Soup of the day with ciabatta roll £7.00

Fresh mushrooms in a creamy garlic sauce with toasted sourdough ⑤ £7.25

Prawn cocktail with bread and butter £7.45

This is a 17th-century coaching inn whose name reflects the town's political loyalties after the Civil War - the Battle of Stamford Hill took place near here on 16th May 1643. Parliamentary troops met royalist supporters at Stamford Hill in what is also known as the Battle of Stratton. The Parliamentary army, under the Earl of Stamford, was camped at Stratton, trying to prevent the royalist army under Sir Ralph Hopton from marching north. Royalist troops numbered about half the size of the Parliamentary army. They marched from Bude, beginning from the area near the present golf course. Among their numbers was Sir Bevil Grenville, whose family had owned Stratton manor since 1576. Grenville and his men met Hopton's soldiers in a fierce battle that lasted all day and was only resolved when the Royalists charged up Stamford Hill scattering their enemies. Some 300 Parliamentarians were killed and 1700 taken prisoners. The dead from both sides were buried in unmarked graves in St Andrew's churchyard.



Main courses

Cornish ham, egg and chips with a choice of beans, peas or mushy peas £13.50

Homemade beef chilli con carne with rice, nachos and sour cream £13.00

Beer battered cod with chips, tartar sauce and your choice of peas, beans or mushy peas £14.00

Deep fried whole-tail scampi coated in breadcrumbs with chips, tartar sauce
and your choice of peas, beans or mushy peas £13.50

Homemade beef burger with chips and homemade coleslaw £13.00

Homemade "Pie of the day" with fresh vegetables and your choice of chips, mash
or new potatoes £14.00

Add a pot of gravy for £1.50

8oz Rump steak with chips or new potatoes, mushrooms, tomatoes, garden peas and homemade
onion rings £19.00. Add a pepper sauce for £3.50

Homemade beef lasagne with chips or new potatoes and a salad garnish £13.50

Homemade vegetarian lasagne with chips or new potatoes and a salad garnish ⑤ £13.50

Vegetarian meals

Vegetarian lasagne with chips or new potatoes and a salad garnish ⑤ £13.50

Children's menu

All served with chips or mash and your choice of peas or beans:

Chicken bites £8.00

Two butchers sausages £8.00

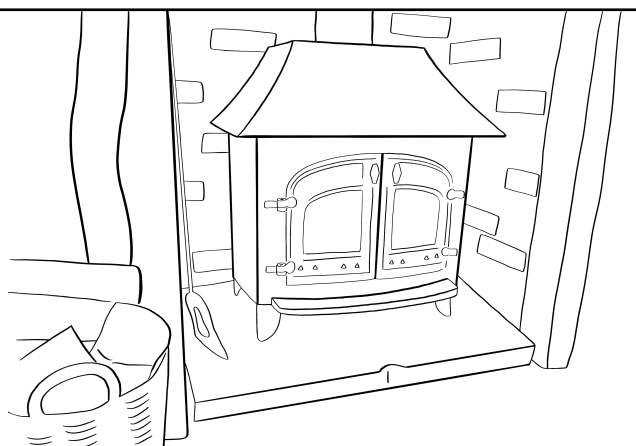
Veggie burger (V) £8.00

Beef burger £8.00

Mini fish and chips with peas or beans £8.00

Small portion of ice cream £3.50

The pub has many original aspects including two simply-furnished bars with many original features, such well-worn Delabole slate flagstone and wooden floors. During the renovation of the large open fireplace in the lounge, a small bread oven was exposed. Many of our regulars love our large fireplace, ideal for cosy chats or at busy times you can catch up on all the local news. Originally there would have been an open fire, but now we've got the next best thing in the form of our lovely mixed-fuel burner. Don't go too close if you're damp from our Cornish 'wet sunshine', else you'll steam the whole place up! Take a look around the rest of our pub, we've got plenty of pictures showing the pub in olden times.



Lighter bites

All served with chips or mash and your choice of peas or beans:

Chicken bites £8.00

Two butchers sausages £8.00

Veggie burger ① £8.00

Beef burger £8.00

Mini fish and chips with peas or beans £8.00

Jacket Potatoes

Served with butter and a salad garnish, with your choice of filling:

Cheese ① £7.50, Baked beans ① £7.50, Tuna & mayo £8.50, Prawns and Marie Rose sauce £9.50



Sunday lunch

Sunday lunch is our speciality. Whenever possible we use local meat and vegetables; there is a veggie option. £15 for large meal, £12 for small.

It is strongly advised to book a table

Desserts

All homemade served with either clotted cream, double cream, ice cream or custard £7.00

Chocolate brownie, Apple crumble, Sticky toffee pudding.

Ice cream - either strawberry, chocolate or vanilla

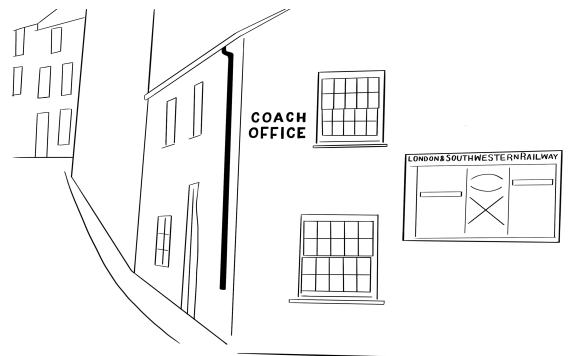
Small portion of ice cream £3.50

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Stratton has a history going back to the time of King Alfred, and the town was mentioned in his will around AD 880. That sense of history gave rise to a local saying:

'Stratton was a market town when neighbouring Bude was just a furzy down'.

In other words, Stratton was an established town when neighbouring Bude was nothing more than empty down-land. Things have changed since then, and Bude is now much the larger town but Stratton retains a real sense of its history. Curiously, Stratton is a part of Bude for administrative purposes. The town grew on the banks of the River Neth (Neet), now known as the River Strat. The town name comes from Stratneat, from the old Cornish words for a flat valley formed by the Neth. An alternative explanation is that the name comes from the Old English 'strat' and 'tun' meaning a town on an old Roman road.



Drinks and wine

We have a selection of tea, coffee, hot chocolate and soft drinks available at the bar.

For wine, please see our separate wine list.

We also serve ciders, beers, lagers and craft ales.

We hope you enjoy your meal and thank you for your custom. We can not guarantee that our food is 100% gluten-free but we are happy to share with you a list of ingredients and also for allergens, so just ask at the bar for more details.



Ask us for details about our darts team, pool team and our quiz nights.

If you've had a good a time during your stay, please consider leaving us a review on Facebook or Tripadvisor.



Find us on 

<https://www.facebook.com/TheKingsArms2/>

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