

The Kings Arms

Menu



**Serving food from Tuesday to Saturday 12 noon till 2pm and 6pm till 8pm
Saturday 6pm - 8.30pm and then Sunday roasts only 12 noon till 4pm**

See the chalkboard for daily specials

We accept most major credit and debit cards as well as American Express

Starters

Soup of the day with bread and butter ① £5.50

Fresh mushrooms in a creamy garlic sauce with Melba Toast ① £6

Prawn cocktail with bread and butter £7.50

Large garlic bread ① £4.50 - with cheese ① £5.50

This is a 17th-century coaching inn whose name reflects the town's political loyalties after the Civil War - the Battle of Stamford Hill took place near here on 16th May 1643. Parliamentary troops met royalist supporters at Stamford Hill in what is also known as the Battle of Stratton. The Parliamentary army, under the Earl of Stamford, was camped at Stratton, trying to prevent the royalist army under Sir Ralph Hopton from marching north. Royalist troops numbered about half the size of the Parliamentary army. They marched from Bude, beginning from the area near the present golf course. Among their numbers was Sir Bevil Grenville, whose family had owned Stratton manor since 1576. Grenville and his men met Hopton's soldiers in a fierce battle that lasted all day and was only resolved when the Royalists charged up Stamford Hill scattering their enemies. Some 300 Parliamentarians were killed and 1700 taken prisoners. The dead from both sides were buried in unmarked graves in St Andrew's churchyard.



Main courses

Homemade beef lasagne with chips, fresh salad and garlic bread £12

Vegetarian lasagne with chips, fresh salad and garlic bread ① £12

Homemade “curry of the day” with naan bread and a poppadom £12

8oz Sirloin steak with chips, peas, fried tomatoes, mushrooms and homemade onion rings £18.50
add a pepper sauce £3.50

Homemade pie with fresh vegetables, chips or mash £12.50

Home-boiled ham with two eggs, chips, and peas or beans £11.50

Three fried sausages with chips and baked beans or peas £11.50

Three veggie sausages with chips and baked beans or peas ① £11.50

Homemade spicy chilli con carne with rice or chips and garlic bread £12.50

Vegetarian spicy chilli with rice or chips and garlic bread ① £12

Deep fried whole-tail scampi coated in breadcrumbs with chips and peas or beans £12.50

Veggie burger ① £12, cheese burger £12.50 or beef burger £11 with chips, onion rings
and side salad

Vegetarian meals

Lasagne with chips, fresh salad and garlic bread ① £12

Spicy chilli with rice or chips and garlic bread ① £12

Veggie burger with chips, onion rings and side salad ① £12

Jacket potatoes

Served with butter and a salad garnish and your choice of filling:

Cheese ⑤ £7.50, baked beans ⑤ £7.50, tuna & mayo £7.50, prawns & Marie Rose sauce £8.50

Children's menu

Served with either chips or mashed potatoes and peas or baked beans

Two sausages, two veggie sausages ⑤, two fish fingers, six chicken nuggets, six scampi, ham & egg, egg ⑤ £8

We have vanilla, strawberry and chocolate ice cream

Small portion of ice cream £3.50

The pub has many original aspects including two simply-furnished bars with many original features, such well-worn Delabole slate flagstone and wooden floors. During the renovation of the large open fireplace in the lounge, a small bread oven was exposed. Many of our regulars love our large fireplace, ideal for cosy chats or at busy times you can catch up on all the local news. Originally there would have been an open fire, but now we've got the next best thing in the form of our lovely mixed-fuel burner. Don't go too close if you're damp from our Cornish 'wet sunshine', else you'll steam the whole place up! Take a look around the rest of our pub, we've got plenty of pictures showing the pub in olden times.



Lighter bites and side dishes

House salads served with bread and butter:

Home-boiled ham, Cheddar cheese ⑤ £12

Prawns or tuna mayo £13

Sandwiches on white bloomer, wholemeal bloomer or gluten-free bread with salad garnish and crisps:

Cheddar cheese ⑤, tuna mayo, home cooked ham, sausage, bacon £6.50

prawns & Marie Rose sauce £7.50

Portion of chips £3.50 ⑤, Cheesy chips £4.50 ⑤, four homemade onion rings ⑤ £3



Sunday lunch

Sunday lunch is our speciality. Whenever possible we use local meat and vegetables; there is a veggie option. £11 for large meal, £9 for small.

It is strongly advised to book a table

Desserts

Served with either clotted cream, double cream, ice cream or custard £6.50

Apple pie, steaming treacle sponge, spotted dick, gluten free Alabama fudge cake

We have vanilla, strawberry and chocolate ice cream

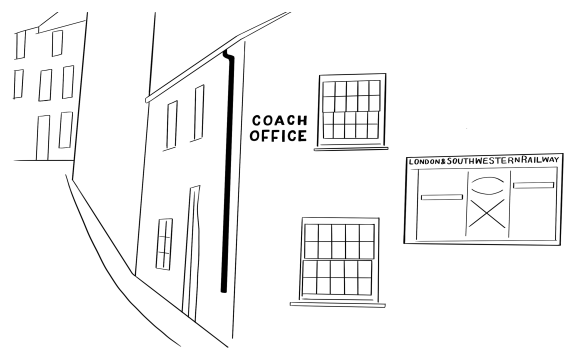
Small portion of ice cream £3.50

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Stratton has a history going back to the time of King Alfred, and the town was mentioned in his will around AD 880. That sense of history gave rise to a local saying:

'Stratton was a market town when neighbouring Bude was just a furzy down'.

In other words, Stratton was an established town when neighbouring Bude was nothing more than empty down-land. Things have changed since then, and Bude is now much the larger town but Stratton retains a real sense of its history. Curiously, Stratton is a part of Bude for administrative purposes. The town grew on the banks of the River Neth (Neet), now known as the River Strat. The town name comes from Stratneat, from the old Cornish words for a flat valley formed by the Neth. An alternative explanation is that the name comes from the Old English 'strat' and 'tun' meaning a town on an old Roman road.



Drinks and wine

We have a selection of tea, coffee, hot chocolate and soft drinks available at the bar.

For wine, please see our separate wine list.

We also serve ciders, beers, lagers and craft ales.

We hope you enjoy your meal and thank you for your custom. We can not guarantee that our food is 100% gluten-free but we are happy to share with you a list of ingredients and also for allergens, so just ask at the bar for more details.



Ask us for details about our darts team, pool team and our quiz nights.

If you've had a good a time during your stay, please consider leaving us a review on Facebook or Tripadvisor.



Find us on 

<https://www.facebook.com/TheKingsArms2/>

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